



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

"Memories and Freedom"

May 23, 2019

This is Rev. Terri Newlon of www.TerriNewlon.com

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. Well, it's Memorial weekend in the Unites States. However, I think memories is what I want to talk about because May is traditionally the [Wesak Full Moon](#). There is a lot of ascension, soul merging, death transition, and so May can also be a month of memories of a variety of things.

So since that memory, memorial, kind of energy is with us, I would say take a reflection back into your own consciousness for fond memories and if ones that you are not fond are coming up, bless them, release them and go back to claiming a fond memory.

I would also focus on "I have freedom" as a power declaration. Maybe spread your arms out and look up toward the sky, or pretend you have wings on, or whatever you are doing, but you want a visual image of some kind of pose or stance. It can be a mudra, hand position, whatever it is, and then just say the words "I have freedom".

Alright Dear Ones. Thank you and my love to you.

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

Terri is a workshop leader, holistic consultant, public speaker, radio and TV guest.

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