



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

"Peace Is A Choice"

August 11, 2011

This is Rev. Terri Newlon of [www.TerriNewlon.com](http://www.TerriNewlon.com)

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And here is Djwhal Khul's latest Spirituality Article, information complimentary every Thursday:

(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. On this particular occasion, there is quite a lot of violence going on in the world and also a lot of what I would call copycat violence or getting caught up in the moment of frenzy, a group frenzy.

Now peace is a choice and even if the animal instinct or the survival instinct drives you toward a rash manoeuvre or a violent act, even out of self preservation, you can choose peace. It doesn't mean you won't defend yourself still, but you can choose to create peace. So this is your reminder to keep very conscious awareness of what you do want.

And when *anything* engages you, it might be you're reading an article about a political condition or a debt or you're looking at the stock market, whatever it might be, choose peace. Choose to *feel* the peace inside your body, to emulate peace to all others and take a moment to calm down, take a few breaths, and go back into a peaceful state of consciousness before taking action.

In the sense of religious passions and wars and riots and people caught up in a frenzy or revolutions, all of those things you can remove yourself from that drama. Stay in a peaceful state of consciousness and let other people play out around you.

For example if someone comes over and they are all upset cause they just got in a little car accident or whatever, you don't have to get in the same drama with them. You might offer them some Rescue Remedy drops or Yarrow Elixir from [Sonoran Light](#) or [Aconitum Napellus 30X](#) which is a homeopathic that clears terror from the seeded cells. You might want to take some for yourself before you offer it to your friend to calm *them* down. Or say your child comes home from school all upset because someone was bullying them. Stay calm. Create peace and then deal with the situation.

Remember peace is a choice. Likewise the opposite of peace is also a choice. Choose carefully.

As always, thank you and my love to you,

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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