

Djwhal Khul Spirituality Article Information complimentary every week Channeled by Rev. Terri Newlon

## "All Things With Love"

August 21, 2008

This is Terri Newlon from Sedona, Arizona, USA. <a href="www.TerriNewlon.com">www.TerriNewlon.com</a>

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And here is Djwhal Khul's latest Spirituality Article, information complimentary every Thursday:

(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. We are going to begin with a violet flame rather gently coming up from the Earth, and very pale, very gentle violet fire energy. We don't want anything too vigorous now because there is already a lot of heat, a lot of fire, on the planet. We're not quite on the other side of the end of the Sun in Leo. It takes usually 2 or 3 day wind down before we really kind of get that fire taming out. And we did just have a very strong full moon and lunar eclipse last Saturday, which was really quite powerful. We are still really in the effects of that and we will be for quite some time.

Now I want to say that we are going to have a little more fire dancing in, even though we are waning off of that Sun in Leo energy. We are going to have more fire dancing in. And I am looking at probably Tuesday or Wednesday, August 26 or 27. Right in there. . . another flash of heat, another burst of fire energy that is very, very strong.

So again, watch your temperament; watch the temperature of the liver. If, you know, around the eyes is looking a bit red, or you're getting irritable quickly, that sort of thing. You might consider herbal tea that cools the liver, or you might try garlic tablets to flush the liver, maybe a little bit of lemon water, one of the more simple remedies, to help sort of flush out the liver. You might also look at the gallbladder and avoiding highly fatty foods or taking extra fiber in the diet to compensate, to sort of grab that fat so to spare the gallbladder doing all that work. So watch those things because those will have a profound effect on the health but also upon the mood and relationships.

So here is the focus of the teaching for this week. It is "All Things With Love". "All Things With Love" no matter how edgy you might feel, no matter how righteous you might feel you know, no matter if there is a strong urge to get even, you know, just keep coming back to the very simple words "All Things With Love".

And earnestly seek to practice "All Things with Love" so literally, if you are tying your shoe, you do it with Love. If you're waving to a neighbor, you do that with Love. If you're thinking to a motorist, you know, in a parking lot, "You're going too fast" say "Slow down please" with Love. So really practice "All Things With Love" as much as you possibly can during this particular week.

Now really that is a very good lifelong exercise but particularly to counter certain effects that are in play now that will really help you out particularly with relationship patterns and communication styles. If you do have a little bit of a bite in your voice or a little bit of anger underneath an action, stop. Imagine kind of rewinding or if you dealing with another person, just say "I'm sorry. I fell off my Love wagon for a moment there. I'm getting right back on it now. I am practicing All Things With Love".

Let me find another way to communicate this. It's alright to put the skids on, back up a little bit, and try it over again. In fact, you might be quite honored by others who realize you're putting forth a genuine effort to change certain behaviors within yourself.

Alright then. Very simple teachings and a little bit of an update on what's going on this week that I think is really important to know: what's coming up and how things are going to be affected. And I think you are going to be getting into political things a little more deeply in the USA; maybe in a couple more weeks; not as much as you would think just yet, but after Labor Day weekend (August 30 through September 1).

Keep in mind that our second Saturday in September, will be a quarterly forecast for the last 3 months for 2008. You might want to put that on your calendar. It should be advertised fairly soon here, toward the end of August.

Alright, as always thank you and my love to you.

Djwhal Khul

Channeled by Rev. Terri Newlon www.TerriNewlon.com

(Spirituality Article, Transcribed by Micheline Ralet)

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## About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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