

Djwhal Khul Spirituality Article Information complimentary every week Channeled by Rev. Terri Newlon

## "Transform Denial"

March 20, 2008

Happy Spring everyone!

This is Terri Newlon from Sedona, Arizona, USA. <u>www.TerriNewlon.com</u>

You can also listen to the following message, and all subsequent messages which change every Thursday. The latest message is available 24/7:

By telephone: 1.916.233.0630, Box 163

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And here is Djwhal Khul's latest Spirituality Article, information complimentary every Thursday:

(Channeling begins)

Djwhal Khul here. Tashi Delek.

Alright we are going to begin with a beautiful violet flame, a very pale purple fire coming up from the Earth and allow that beautiful violet flame to just dance through the body. This is a transformational Spring so that all things are beginning anew and that violet flame, particularly when you see it very wide, engulfing the entire body, and then even quite a bit wider than the body, it will bring in that transformational energy that helps you purify the parts of the consciousness that have been denied.

In other words, the parts of you that you cannot see yourself are purified with that beautiful wide violet flame, and it has got to be a very pale color of that 7<sup>th</sup> Ray violet. So we continue and if you can take the breath and move that violet flame up a little bit more vigorously through the body and particularly through the center of the chakra column, up through the body, you will find that it begins to dredge out or shake loose, some of that energy that has been hidden from the self.

So keep vigorously working that energy up through the body, breathe it and really kind of a spring, eventually it becomes really quite buoyant and shoot straight up out the top of the head when all of the clearing is complete. And that is a kind of spring upward or a transformational accomplishment, really. That energy comes to the point where it can be released from the consciousness. Now I would focus primarily on this energetically and then secondarily on it as a realization process.

"What have I been hiding from myself?" Or "What is it that others can see about me that I cannot see about myself?" And just rather pose that question, perhaps before going to sleep, or journal write it and say: "Universe, please show me now what I have been hiding from myself and in a gentle way please." That sort of thing. So you are just sort of coaxing it out ever so nicely with grace and ease.

Alright dear ones, that is my message, wishing you a very Happy Spring and a time of transformation and a time of renewal. This is a time where you can begin from scratch.

Thank you and my love to you.

Djwhal Khul

Channeled by Rev. Terri Newlon www.TerriNewlon.com

(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

Terri is a workshop leader, holistic consultant, public speaker, radio and TV guest.

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