



“Three Star One”

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Complimentary call with Ascended Master Djwhal Khul
Channeled by Rev. Terri Newlon, Transpersonal Counselor
Featuring Anna Rita Raineri, creator of Three Star One Vibrational Elixir

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Terri: Welcome, everyone. This is Reverend Terri Newlon of www.TerriNewlon.com. This is a complimentary call to introduce everyone to the energies of the Three Star One, who started coming in on June 21, 1999, just sort of mildly so at the time. DK recorded on our weekly spirituality article, which at the time was a hotline, and he recorded a Three Star One invocation that he delivered verbally and then we typed it up. We have it on the website, www.TerriNewlon.com. On the menu are all the free things, just search on the [Glossary](#) and find Three Star One and you'll be able to click on that.

We'll also have the recording download of this particular call on there sometime early next week if the line fills up and people can't get on. We'll leave the telephone recording and then we'll also have the audio on the website. Joining me is my dear friend Anna Rita Raineri. One of her many talents is making vibrational elixirs in the vortices of Sedona. She's made several for DK, including the 12 Rays of Creation and some clearing and restoration and a few others.

We keep getting that it was about time for the Three Star One to have her own vibratory presence so Anna Rita said she'd sit with that, and then she let me know she thought it needed to be Sunday the 13th. It was a very high vibration day, as is today which I discovered this was the date we set to make this phone call. Anna Rita, welcome and blessings for being willing to make these essences for everyone and the planet. Again, her website is www.SonoranLight.com. It is linked from my 'Links' page as well on my website.

All right, Anna Rita, do you want to tell us a little bit about what you experienced?

Anna Rita: Sure. First of all, Terri, thank you so much for having me on the call. I'm so honored and so excited. And thank everybody else for showing up also on the call, I bless you all and thank you and honor you for resonating with my work. Let's say I started to

feel the energy after we talked about it, and a couple of weeks ago, Terri said 'It's time to filter in the Three Star One energies.'

It began at least two weeks ago, I personally started to feel enveloped in this exquisite bubble of holographic light and sound. It was just amazing to stay grounded, I have to say, I didn't tell you that, Terri. I started incorporating the energies into my awareness field, and then we sort of got a push and then I got the 13th was the time to make it and get it out. But I'd like to say I'm merely the vehicle. This was just a way to allow those energies to permeate into water, to permeate the water. I didn't really do anything except allow it. I have to be really humble about that.

Terri:

Well, you're very good at that, so that's why DK loves it when you make the essences. I think everyone saw it but I love the picture that you were able to snap of her showing up in a cloud formation. I like to joke about her entourage, in the right side of the picture, it looked like 2 more beings were with her. I haven't tuned into who they are, but I know that Vicki, one of our DK people, just really looks at the photo and gets goose bumps and gets attuned to it.



We're going to be doing an attunement today as well and giving everybody the vibration of her. I actually suspect that everybody on the call or calling in has had some sort of download from her because the energies are strong. I giggled when you said you had trouble staying grounded because I, me, Miss Feet on the Ground, have

had trouble. I was awake last night from 3 am to 6 am with all kinds of processing and inner planes travel and processing the energies.

Then I woke up at 9 and it took me another hour and 10 minutes before I could actually get out of bed because my body was just buzzing so strongly. If anybody else is feeling the intensity of those energies, that would be what DK says 'paranormal is now normal'. So we can all have fun with it. Anna Rita, anything else you want to say about, I'm assuming you've been using the elixir too, have you noticed anything since it's been made?

Anna Rita: Yes. I feel like it's still incorporating its energies. I've got the mother tincture surrounding it by about 40 clear quartz crystals including Lemuria diamonds and it's kind of around the Mason jar there. It's cooking, it's still becoming, I feel like. It's more than physical, it feels like it's a progressive, energetic thing that's getting more and more powerful as it goes.

Terri: Good.

Anna Rita: And I have to share with you too that I was up for several hours in the middle of the night, it was okay, but it was just strange. I was wide awake and I did get some very powerful downloads. I know there's a lot going on, not just on the inner planes but in our own world, our own 3-dimensional world. I feel like we're merging with the other aspects of our multi-dimensional selves. There's like a flipping around going on from different dimensions, which is very magical.

I live in Sedona so I can get away with more of that!

Terri: I think it's happening everywhere. I would like all the callers to stay muted at this point because we're going to keep this recording and it'll be shared all over the Internet for a long time to come. What I did, my Three Star One elixir arrived Thursday, this is Saturday, and of course, I immediately opened it up and put some in my mouth. It felt good and initially it felt kind of subtle. Then instinctively I put the whole bottle right in front of my third eye and closed my eyes, my eyelids really began to flutter. I could feel the stimulation in the place where the Three Star One is echoed, or her holographic memory is stored in our body, which is the gland centers, pituitary, pineal, and hypothalamus.

Right in the center there is that Three Star One trillium, or flower, shape and that's where she is stored. Of course, all creation is made the same way.



Now, we'll hear from DK and see what he has to say about it, and he'll actually do the attunement to the Three Star One.



Djwhal:

Djwhal Khul here, tashi delek. All right, now Three Star One is a magnificent being, absolutely sometimes called 'the mother of creation'. Her presence here really extending, if you will, her presence from the center of her own creation to the extent of her entire auric field is a momentous occasion indeed. Your own aura, for example, is also mimicking this same vibratory pattern.

Previously your aura might have been an inch or so around the body, and then maybe you learned to extend it to arm's length with some tai chi movements and what not. Then it begins to expand, so it's like 50 feet in all directions or at times expanding several miles. When we look at what's happening between the sun and the Earth, the sun will send a flare or solar wind or something into the Earth's field and then it echoes off the magnetic field of the planet, it's like watching something hit the side of a bubble and you can see a little bit of a ripple in it. That creates that kind of Earth wobble, sun wobble, Milky Way galaxy wobble.

Then there's an equator across the Milky Way galaxy where the energies are the densest and you're passing through the equator now. It'll get a little bit more bumpy, the winter solstice of 2012 is when you move out the other side so you're just moving past the equator at that point. Then interestingly enough, when you look at the way storms function, you've got the first side of the storm and then you've got the back side, or dirty side, of the storm. We are expecting the kind of rocky energies on the other side. Thus the Three Star One has expanded her consciousness to envelope the entire of her creation. She is the over-soul of Melchizadek, who embodies our universe, and therefore, your ultimate highest self.

The white trillium is probably the best symbol we have on the planet to symbolize her⁴ energies, both vibrationally and in terms of the shape of the flower. In Tibet, there's a sacred dance that is done and the hats that are worn are the same basic shape. You'll see that same shape reflected throughout creation in different forms, including rotary blades and what not. The vibration is consistent of the Holy Trinity, now expanding into oneness. In your own body, I would recommend that you keep attuning to the Three Star One, perhaps saying the invocation periodically, maybe daily, maybe twice a week, whatever seems appropriate.

Parts of the components of the [invocation](#), 'She truly will light up your full potential', she awakens your purpose, your mission for being here. And I might say puts it into high gear so you'll move forward with momentum. She is in the process of penetrating all aspects of creation, because she's been consciously invoked here on Mother Earth, she's directing a larger amount of energy right here but infusing into every bit of physical creation.

With that comes a very interesting phenomenon, the ability to disappear creation, if you will, to recognize that creation is really non-physical. It appears as though you're on a planet that's rotating, it appears as though you have these physical structures with bones and flesh and what not, but really creation is more etheric or non-manifest. So you'll be starting to make these realizations.

Keeping that in perspective is actually what allows you to use your manifesting abilities. In other words, knowing that your spirit and you're so much greater than this physical structure here to share healing, help other people get enlightened, realize

your own mastery, whatever it is you're here to do, your mission, your purpose becomes simultaneously all important and un-important. That detachment, which I sometimes call divine detachment allows you to move forward and make manifest.

There's a saying 'Live as if this is your last moment'. That's essentially the gift that Three Star One brings, there's no holding back, no fear of death, no fear of life, just the pure joy of existence.

The other gift, of course, is peace everywhere. The 100th monkey syndrome, so it's called, is applicable to all of creation, once a certain number of beings reach a peaceful state, it's communicated to all intelligence. There is a connectedness between intelligence now that is greater than ever before.

I'm going to impart something here that I consider to be quite important in terms of the way that you deal within yourself as active consciousness. Your physical body is a reflection of the mind, it's almost like a holograph that the mind makes up and the mind designs it according to what is stored in the memory banks or what is continuously collected from active intelligence around you. This physical structure is very easy to alter, very, very easy.

We did quite a few experiments in Lemuria, Atlantis, Egypt, many places on the planet during different eras and there's quite a bit going on now as well that proves just how easy you can alter the physical structure. For example, you can tell the body, maybe it's got this knee that's arthritic and doesn't work very well, you can thank those components of your mind, you can thank those components of your body and you can redirect them. Symbolically in nature, a crippling effect slows you down, not as fast as the rest of the herd, literally relates to kind of an instinctual weeding-out or may be a very deliberate communication to yourself to slow down because you're too reckless moving forward.

Whatever is going on in the belief system is why that is manifesting, redirect the energies. Say 'What I'd like for you to do is to become strong, healthy, flexible joint tissue. And the part of the consciousness that was making it weak and painful, I would like for that to move into my auric field. I want it to show up in my aura as receptive and vulnerable to love energies, or receptive and vulnerable to divine miracles.' Likewise you can take a health issue, you can move things out of flesh into your aura and re-direct it.

Let's say the physical body is padded with some extra fat cells. You say 'Thank you so much for giving me that buffer and that padding. Now I want you to move to the outer edge of my aura and be a buffer, so anger or magnetic blasts coming from radiation and what not can't get to my physical body.'

You can take an over-active thyroid and thank it very much for help you quickly metabolize and process energies. Now what you want to do is move that quick energy out into the auric field so that all energies that are coming in are quickly processed and synthesized and you would like the physical tissues to return to normal metabolism so your body can stay safe and strong during this time period.

Your ability to communicate with your own consciousness and manipulate your energies where you want them is extremely strong now due to the presence of the Three Star One. The more that you attune to her, the more you will receive in that regard.

I want to work with the third eye center, we've been doing lots of work with the third eye center, but we're going to activate the Three Star One vibration in the three gland centers of the head. Again, they're right about in the center of the head, that lovely pineal and, sort of pinecone shaped, the pituitary master gland and the hypothalamus.

The energy's like a bright white light coming out in three-star shape, the chant to go with this would be the ancient tongue for Three Star One. It is pronounced 'Nek-Hok-Nol'.

And as you get into chanting that and attuning to the third eye, again expansion begins to occur within your energy field. Literally take a pain out of your body and put it in the aura somewhere and assign it a job. It's no longer needed inside the body. Why the protection? Because of energy fields. There will be challenges with magnetics, radio waves, communications, instruments that work on magnetics, cell phones, satellites, and computers, all of that will be challenged, so anything that works with magnetics or polarities in particular.

All right, I mention in the invocation for Three Star One that she resides in the emotional feat of consciousness. This is something I've encouraged pondering for quite some time now, your body styles are called '[Adam Kadmon](#)', which means they're all inclusive. Other forms of existence on other planets do not have the emotional component that makes you a sort of Cadillac model with a most desired form of communication because of how fast you can grow with the emotional component. So ponder the emotional feat of consciousness, meaning within humanity. That's where she truly resides. She also of course embodies the heart chakra, the Holy Mother, the Holy Trinity, and incorporates all things, will, love and wisdom.

All right, I think we have a minute or so here so what I want to do is once again encourage you to feel her presence as fully as you possibly can. Feel the vibrational elixir that she is continuously updating, by the way. If you get one and it takes a few months to get through it, it will continue to change vibrationally. Her energies will keep stepping up on the planet. Other uses for this: put a drop on a sacred site, put a drop into a stream, if it looks like rain clouds are gathering moisture, put a drop down to offer to the rain clouds to draw it up and disperse it. Put it around your home or your dwelling. I'd like it on the rooftop but that might be a little challenging. May I suggest making a water balloon, putting a drop of it in there, and tossing it up on the roof to let it flow down? Vibrationally speaking, it would then serve the entire home.

If you burn things like wood for warmth in your home, put a drop in the fireplace, it'll carry forth in the smoke and be delivered as prayer in that regard. Then she's just showing me whole places in the Earth, anywhere there's a fault line, a very deep river, to put her vibration into deep crevices. Many of you live about the planet but you also travel so that is a good task.

Anna Rita, thank you very much for your willingness to invoke her and create this very helpful tool.

Djwhal Khul

Anna Rita: Thank you, I'm honored.

Terri: All right, I'm going to stop the recording and then we can open the line for a bit of sharing.

Channeled by Rev. Terri Newlon
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