



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

"Dwelling From Inner Peace Within"

January 19, 2017

This is Rev. Terri Newlon of www.TerriNewlon.com

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And here is Djwhal Khul's latest Spirituality Article, information complimentary every Thursday:

(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. I think perhaps what I'm seeing now is all around Inauguration in the USA and a lot of upset, a lot of change, a lot of uncertainty and some things that I would describe as explosive energetically. So this Spirituality Article I am talking about dwelling from a peaceful place within.

So we simply need to find where that peaceful place within is for you. It could be in the Dan Tien center, sometimes it is the Heart Chakra. Sometimes you can find a still point in the Solar Plexus.

And for many I think perhaps almost the exact center of the head where you have the three small glands: the pituitary, pineal and thalamus. So you can look that up in an anatomy book if you want

and just sort of *imagine* shrinking yourself to fit so that you can just nestle in between those three glands in the Head Center.

So we'll just do a little bit of energetic here. One moment I am going to get a pendulum and just do a little bit of... just take three breaths and letting yourself go *intuitively* into your inner peace within. [Inhale, exhale. Inhale, exhale.] There. And just keep returning.

Three simple breaths with the intent to go to an inner, to dwell within a place within your own body that is peaceful. And that should help keep you centered and moving in a direction that is compatible with your own divine design.

Alright Dear Ones. As always, thank you and my love to you.

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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