



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

"Transformation 2009"

January 8, 2009

This is Rev. Terri Newlon of www.TerriNewlon.com

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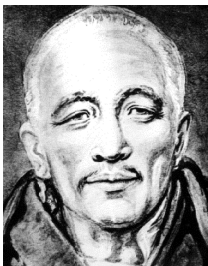
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And here is Djwhal Khul's latest Spirituality Article, information complimentary every Thursday:

(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. We are going to bring in a beautiful white light coming in through the crown chakra. We want to add a bit of a violet color to it, a violet tint coming into the white light. You might almost see it like a bit like a mist, cascading sometimes down around the head. Allow this very pale violet to do a transforming function. *We want a tremendous amount of transformation in the year 2009.*

Now I spoke in the "2009 1st Quarter Forecast" about a gemstone or a crystal that is perfect for this time period. I would suggest that you look it up. I call it green amethyst, sometimes it is called green quartz, and another name for it is Prasiolite. You should be able to search it on the Internet to find more information about its properties and its function. It is really a perfect stone to work with, either in meditation or in terms of wearing it on your person at all times and perhaps make a general elixir from it etc.

[Prasiolite is named for the Greek words "prason" meaning leek, and lithos "stone", for its leek green color. It's also called vermarine or green amethyst, and is technically a greened amethyst. In metaphysical lore, Prasiolite is a stone of originality and courage and can foster self-reliance in all situations. Prasiolite is also a prosperity stone, said to attract abundance. It can help strengthen and express emotions as well as the mind and will. It is also said to be highly beneficial for prophesy. It is used in crystal healing for cleansing the body of toxins of all kinds, tumors, stomach acid, ulcers, assimilation of nutrients, and healing the whole body from a spiritual level. Quoted from www.crystalsandjewelry.com]

Back to working with this violet color coming down through the body. . . what we want to do next is let go of the past. This is a very important time to letting go of what has been and particularly so any relationships that have not been working. It might be a relationship with yourself, a relationship with food, a relationship with sleep patterns, certainly relationships with others, maybe even in your career, your business, your service work, maybe a pattern that you have gotten into with another individual. So letting go of the past is very important and as we begin this new year. We are looking for fresh ways to co-create, not based on the past, but based on an enlightened present moment.

My last Spirituality Article message before the holidays was "Jump for Joy". It is still very appropriate. Any time you need a little bit more joy, just bounce up and down and preferably jump if you are able to, but at least bounce up and down and that will stimulate certain things within the body. And I also want to refer to hormone receptor sites and healthy cells and some of the previous messages ["Peptide Pep Talk"] so that you are programming your body to receive exquisite joy, which is a [9th Ray](#) vibration and the blue-green color. That also tends to release the past because when you are in a state of joy you are completely present in the moment.

So just a few hints there to get you going in the right direction here at the beginning of the year and I look forward to a very exciting new year with you!

As always, thank you and my love to you,

Djwhal Khul

Channeled by Rev. Terri Newlon
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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. Her work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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