



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

"Energy Transmissions"

July 9, 2009

This is Rev. Terri Newlon of www.TerriNewlon.com

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

We will begin with the concept of "Energy Transmissions" and how one can work with receiving appropriate energy transmissions and deflecting inappropriate energy transmissions.

An energy transmission for example might be a pulse of Divine Love coming your way, that would be a very positive one of course. Other energy transmissions might be someone a little bit annoyed with you and sending you a pang of ill will, however mild, that can be deflected and should be deflected.

So what we are going to do is set up an energy field that allows you to receive the positive energy transmissions and integrate them at the appropriate rate for you, for your highest good. Then we will work with deflecting through that same system, deflecting anything that is not in your highest good, or has a specific vibration, lower than yours, basically.

So one of the keys I just sort of hinted at is keeping your own energy at a high enough level that you are not vibrationally resonating with negative things, anger, sadness, fear, that sort of thing, and shame. Shame might be the lowest on the resonance scale there.

So, first of all, I would ask you to just contemplate being a receiver of all Divine energy transmissions that are in your highest good. Just contemplate that thought: being a very good energy receiver for all Divine energy transmissions that are in your highest good. Then you can just put your hands up in front of the face, like you are making a satellite dish, a receiver if you will, to receive transmissions and then let that Divine energy transmission come right in to you now.

Take a nice relaxing breath. Take the energy mix around in your body, again, at your pace for your highest good always. What we want to do is just imagine at this point, because we don't want to consciously attract any negative, just imagine that someone who doesn't particularly like you very well sends a thought and it just bounces off, or there is something being played on the news that is not what you want to resonate with. You just see it coming towards you and deflect it off.

So energy transmissions. Let's do another one so you can receive one. Let's make this one to accelerate healing power. Just contemplate accelerating your own healing powers, your ability to heal yourself, maybe your ability to help others, if you are in the healing fields. Then just contemplate receiving that particular energy transmission and here it comes now.

Good. And then again, allow yourself to receive it or not, according to your highest good. If your body receives it, it feels as if it sort of soaks in and begins to move about the body.

I think that is quite plenty for today's Spirituality Article. I hope you enjoyed the information. Thank you and my love to you,

Djwhal Khul

Channeled by Rev. Terri Newlon
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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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